

**JSS College of Physiotherapy, Mysore**  
**JSS hospital campus, MG road, Mysore -570004**

**3<sup>rd</sup> Year BPT Unit Plan March – 2023**

**Ref: III BPT / 01 / March 23**

**Date:26-2-2023**

<b>Date</b>	<b>9-10</b>	<b>10-11</b>	<b>11-12</b>	<b>12-1</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>
<b>1-3-23 Wednesday</b>	Clinical postings				PT ortho - Introduction to orthopaedics - branches, role of physiotherapy in different branches Trauma care, Pain syndromes, Sports rehabilitation, Health and Fitness – <b>UHM</b>		Library
<b>2-3-23 Thursday</b>	Clinical postings				General medicine	PT ortho - Clinical examination in an Orthopaedics Patient. History, flag system - <b>UHM</b>	
<b>3-3-23 Friday</b>	Clinical postings				General Medicine	PT cardio – Review of anatomy and Physiology of lungs. Lung volumes and capacities. Biomechanics of respiration – PG seminar (Pratap and Ashwin)- <b>MRD</b>	
<b>4-3-23 Saturday</b>	PBL – PT cardio - <b>MRD</b>		Clinical ortho – amputation of UL and LL				
<b>6-3-23 Monday</b>	Clinical postings		Clinical ortho – traumatic spinal cord injury – paraplegia, quadriplegia		General medicine	PT ortho - Clinical examination in an Orthopaedics Patient. Objective assessment- <b>Mukund</b>	
<b>7-3-23 Tuesday</b>	Clinical postings				General medicine	PT cardio – review of anatomy and physiology of heart – blood supply of heart and cardiac cycle Anatomical and physiological differences between adult and pediatric lungs – PG seminar (subendu and Shradha)- <b>TSN</b>	
<b>8-3-23 Wednesday</b>	Clinical postings				PT ortho – functional evaluation, PSFS, ICF domain in ortho conditions – <b>UHM</b>		Library
<b>9-3-23 Thursday</b>	Clinical postings				General medicine	PT ortho – gait evaluation - <b>Mukund</b>	
<b>10-3-23 Friday</b>	Clinical postings				General medicine	PT cardio – subjective assessment - <b>MRD</b>	

<b>11-3-23 Saturday</b>	PBL – PT cardio - TSN	Clinical ortho – deformities acquired and congenital		
<b>13-3-23 Monday</b>	Clinical postings	Clinical ortho – inflammatory and degenerative conditions, connective tissue disorders	General medicine	PT ortho – posture evaluation – <b>UHM</b>
<b>14-3-23 Tuesday</b>	Clinical postings		General medicine	PT cardio – humidification and nebulization - <b>TSN</b>
<b>15-3-23 Wednesday</b>	Clinical postings		PT ortho - Common investigative procedures in orthopaedics - lab investigations -indications, Interpretation for physiotherapy – <b>Mukund</b>	Library
<b>16-3-23 Thursday</b>	Clinical postings		General medicine	PT ortho - Understanding pain - <b>Mukund</b>
<b>17-3-23 Friday</b>	Clinical postings		General medicine	PT cardio – objective assessment - <b>MRD</b>
<b>18-3-23 Saturday</b>	PBL – PT ortho – UHM	Clinical ortho – syndromes – cervicobrachial syndrome, VBI, scalenus syndromes, costoclavicular, levator scapulae and piriformis syndrome		
<b>20-3-23 Monday</b>	Clinical postings	Clinical ortho – neuromuscular disorders – CP, poliomyelitis, leprosy, spinal dysraphism	General medicine	PT ortho - Radiological and Imaging techniques in Orthopaedics. normal features in each joint, bone - <b>UHM</b>
<b>21-3-23 Tuesday</b>	Clinical postings		General medicine	PT cardio – mechanical ventilation - <b>TSN</b>
<b>22-3-22 Wednesday</b>	<b>UGADI – Holiday</b>			
<b>23-3-23 Thursday</b>	Clinical postings		General medicine	PT ortho - Understanding pain - <b>Mukund</b>
<b>24-3-23 Friday</b>	Clinical postings		General medicine	PT cardio – objective assessment - <b>MRD</b>
<b>25-3-23 Saturday</b>	PBL – PT ortho - Mukund	Clinical ortho – cervical and lumbar pathology		
<b>27-3-23 Monday</b>	Clinical postings	Clinical ortho – orthopedic	General medicine	PT ortho - Understanding pain - <b>Mukund</b>

		surgeries – arthrodesis, osteotomy, external fixators, spinal stabilization surgeries, limb reattachments		
<b>28-3-23 Tuesday</b>	Clinical postings		General medicine	PT cardio – practical on humidification, nebulization and mechanical ventilators - <b>TSN</b>
<b>29-3-23 Wednesday</b>	Clinical postings		PT ortho - Revision of Practical skill -goniometry and stretching - <b>Mukund</b>	Library
<b>30-3-23 Thursday</b>	Clinical postings		General medicine	PT ortho -- Revision of Practical skill- anthropometric measurements, MMT- <b>Mukund</b>
<b>31-3-23 Friday</b>	Clinical postings		General medicine	PT cardio – practical on subjective and objective assessment - <b>MRD</b>

(MRD – M Renukadevi, TSN – Tejaswini S N, UHM – Uma H M, Mukund)

**Class coordinator**

Uma H M

**UG coordinator**

M Renukadevi